# Tool: Involving adolescents in management and oversight

Use the tool below for guidance with involving adolescents in the management and oversight of your intervention with the Adolescent Kit.



### **Getting started**

- If establishing a new, stand-alone intervention with the Adolescent Kit, form a steering committee made up of community leaders, parents, and adolescents
- If integrating the Adolescent Kit within an existing programme, work with the steering committee already in place

### **Options for** involving adolescents

Include adolescent representatives as members of the steering committee

#### And/or

Form a separate committee of adolescents who can share responsibility for planning and managing the intervention

#### **Questions to ask:**

## **Selecting** adolescent representatives

- How will adolescents select their representatives?
- Will different groups be represented equally? (Gender, age, ethnicity, etc.)



## Roles and responsibilities

- What will adolescent representatives do? What will their role be?
- If there is an adolescent committee, what tasks will it be responsible for? How will it interact and share decision making with the adult steering committee?
- How can you ensure that adolescent representatives understand their roles, know what is expected of them and are clear about the aims of their work?
- How can you ensure that adolescent representatives find their roles enjoyable and meaningful?
- How will adolescents benefit from their involvement?

### Working with adults

- What steps can be taken to support a productive relationship between adults and adolescents, so that they can work together to plan and make decisions about the intervention?
- What preparation and support will adolescents need to communicate and collaborate effectively with adults?
- What preparation will adults need to respond constructively to adolescents' suggestions and to include adolescents in decision making?

Refer to Supporting adults to work with adolescents tool.